



# AM I READY FOR SCHOOL?

## SELF-CARE

- I know when to wash my hands
- I can blow my nose
- I can ask for help if I don't feel well

## SPEAKING & LITERACY

- I am interested in reading stories and looking at picture books
- I am able to talk about myself, my needs and my feelings
- I am practising recognising my name

## EATING

- I can use a knife and fork
- I am confident opening packets and wrappers

## GOING TO THE TOILET

- I can go to the toilet on my own, wipe myself properly and flush
- I can wash and dry my hands

## SHARING & TURN TAKING

- I can play games with others
- I enjoy interacting with other children
- I can share toys and take turns

## ROUTINES

- I have practised putting on my uniform and getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school
- I'm learning to eat at the times I will on school days

## INDEPENDENCE

- I am happy to be away from my family
- I am happy to tidy my toys and look after my things
- I am feeling confident about starting school

## LISTENING & UNDERSTANDING

- I am able to sit still and listen for a short time
- I can follow instructions
- I understand the need to follow rules and listen to my grown-ups

## INTEREST IN THE WORLD & NEW ACTIVITIES

- I enjoy learning about the world around me
- I am interested in exploring new activities or environments
- I like asking questions

## GETTING DRESSED & UNDRESSED

- I can button and unbutton my clothes
- I can put my own shoes and socks on
- I can put my coat on and use a zip

## WRITING SKILLS

- I like tracing patterns and colouring in
- I am practising holding a pencil
- I enjoy making marks on a page

## COUNTING SKILLS

- I know how old I am
- I am beginning to count
- I am beginning to recognise numbers