



# The Greville Primary School – Progression in PSHE Vocabulary

## Autumn 1

Being Me in My World					
Reception		Year 1		Year 2	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
different, feelings, nervous, taking turns, turn taking, angry, choice, excited, friend, gentle, happy, kind, learning, sad, share, similar	responsibilities, rights, unique	responsibility, disappointed, belonging, rewards, consequences, safe, rights, proud, calm, special, upset,	learning charter, Jigsaw Charter,	positive problem, worries, co-operate, negative, choices, responsible, problem-solving, actions, praise, fears, hopes	

Being Me in My World							
Year 3		Year 4		Year 5		Year 6	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
achievement, acknowledge, pleased, welcome, emotions, feelings, solutions, support, fairness, viewpoint, teamwork, nightmare, behaviour, challenge, belong, valued, ideal, dream	personal goal, group dynamic, affirm	excluded, included, description, decisions, voting, authority, contribution, observer, empathise, role, job	democracy, United Nations Convention on the Rights of the Children (UNCRC), school community, democratic	opportunities, motivation, appreciation, empathise, participation, conflict, challenges, wealthy, privilege, deprive, cooperation, collaboration, attitude, denied, vision, citizen, views, deprive, opinion, collective decision	refugee, prejudice, persecution, migrant, asylum	community, education, empathy, comparison, opportunities, empathise, obstacles, motivation, participation, lawful, wants, needs, legal, illegal	Maslow,

## Autumn 2

### Celebrating Difference

Celebrating Difference					
Reception		Year 1		Year 2	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
differences, different, friendship, frightened, similar, similarities, family, friends		similarity, same as, different from, difference, bullying, deliberate, on purpose, included, celebrations, unfair, bully, bullied special, unique		similarities, assumptions, differences, unkind, feelings, lonely, stand up for, female, fairness, kindness, boys, girls, bully, sad, help, male, value	stereotypes, diversity,

### Celebrating Difference

Celebrating Difference							
Year 3		Year 4		Year 5		Year 6	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
connected, conflict, solve it together, solutions, resolve, witness, consequences, hurtful, compliment	bystander,	character, judgement, different, appearance, influence, opinion, attitude, deliberate, bystander, witness, problem-solving, physical, impression, accept, role, secret	cyber bullying, troll	conflict, ethnicity, discrimination, rumour, name calling, texting, indirect, developing, celebration, belong, colour, culture, racism, culture, race, direct, banter	homophobic, cyber bullying, continuum,	individuality, diverse, equality, identity, courage, disability, visual, empathy, perception, imbalance, harassment, achievement, perseverance, admiration, conflict, rights, banter, ability, vision, power	stamina,

## Spring 1

Dreams and Goals					
Reception		Year 1		Year 2	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
achieve, challenge, difficult, encourage, frustrated, future, persevere, reward, earn, proud	dreams, goal, job, kind, keep trying	success, process, celebrate, challenge, obstacle, overcome, achieve, dreams, goal, proud	internal treasure chest, stretchy learning, stepping stones, working together, teamwork	realistic, strengths, persevere, challenge, difficult partner, product, easy	learning together, problem solve

Dreams and Goals							
Year 3		Year 4		Year 5		Year 6	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
co-operation, motivation, enthusiastic, excited, efficient, responsible, frustration, evaluate, respect, solutions, review, admire, ambition	'solve it together', technique	determination, resilience, disappointment, commitment, hope, fears, plans, cope, help	positive attitude, positive experiences, self-belief	lifestyle, career, profession, salary, society, culture, aspiration, communication, support, difference, job	sponsorship, rallying	personal, realistic, unrealistic, criteria, concern, empathy, compliment, recognition, praise, hardship, suffering	learning steps, global issues

## Spring 2

Healthy Me					
Reception		Year 1		Year 2	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
asleep, challenge, exercise, healthy, hygiene,	unplanned	healthy, unhealthy, balanced, exercise, sleep,		healthy choices, lifestyle, motivation, relaxation,	proportion, nutritious

movement, less healthy, stranger, worried, unexpected, clean, germs, rest, safe, scared, sleep, teeth, stretch		green cross code, choices, medicines, body, parts, hygienic, safe, clean, safety, eyes, body, ears, look, listen, wait		dangerous, balanced diet, portion	
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Healthy Me							
Year 3		Year 4		Year 5		Year 6	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
oxygen, calories, heartbeat, fitness, attitude, anxious, strategy, advice, harmful, complex, appreciate, emergency, emergency services, ambulance, fire engine, police car, helicopter	kilojoules saturated fats coastguard	friendships, emotions, relationships, friendship groups, smoking, pressure, alcohol, evaluate, disagree, opinion, right, wrong, value, roles, leader, agree, peers, guilt, advice, liver, disease, anxiety, fear, believe	follower, assertive, vaping	healthier, behaviour, less healthy behaviour, informed decision, pressure, influence body image, social, media, celebrity, self respect, comparison, media, altered, respect, debate, fact	emergency, procedure, recovery position, level-headed	responsibility, immunisation, restricted, prevention, exploited, prescribed, vulnerable, criminal, pressure, strategies, reputation, anti-social, mental health, emotional health, mental illness, symptoms, triggers, managing stress, effects, illegal, ability, gangs, crime, stress	unrestricted, over-the-counter, volatile substances, 'legal highs', synthetic highs, new psychoactive, substances

## Summer 1

Relationships					
Reception		Year 1		Year 2	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
argument, falling out, feelings, friendly, good friend, kind words, problem solve, unkind, family, friend, home, jobs, lonely, love, upset	relationship, responsibility, solutions	family, belong, friendship, caring, self-belief, special, feelings, kind, like, proud, dislike		similarities, differences, communication, good secret, worry secret, telling, honesty, compliments, touch, trust	conflict

Relationships							
Year 3		Year 4		Year 5		Year 6	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
stereotype, career, responsibilities, social media, appreciation, equality, male, female, online, global, rights	interconnected	jealousy, acceptance, relief, negotiate, compromise, attraction, despair, loss, shock, numb, love		personal qualities, characteristics, self-esteem, online community, age restriction, trustworthy, peer pressure, influences, privacy, settings, troll, risky	grooming	mental health, stress, anxiety, support, self-care, coping, power, control, assertive, self control, judgement, cyber bullying, grief	

## Summer 2

Changing Me					
Reception		Year 1		Year 2	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
eyebrow, forehead, tongue, finger, stomach, grown-up, change, worry,		changes, life cycles, growing up, private, learn, feelings, anxious, worries, coping, baby,	testicles, vagina, penis, vulva, anus	control, fully grown, life cycle, respect, appearance, physical difference, toddler, teenager, independent, freedom,	

excited, memories, healthy, grown child		adult, new, grow, male, female		responsibilities, acceptable, unacceptable, comfortable, uncomfortable, nervous, excited, old, young, child, public, private, touch, like, dislike	
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Changing Me							
Year 3		Year 4		Year 5		Year 6	
Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3	Tier 2	Tier 3
animals, babies, mother, nutrients, affection, challenge, birth, love, care, cope, egg, task, roles	puberty, breasts, ovaries, ovum/ova, stereotypes, uterus, womb, sperm,	personal, unique, characteristics, change, emotions, acceptance, pads, circle, love	conception, menstruation, fallopian tube, menstrual cycle, periods, making love, having sex, sexual intercourse, fertilise, gene	personality, perception, self-esteem, affirmation, comparison, develops, broader, growth spurt, facial hair, unfertilised, pregnancy, hygiene, age appropriate, consent, manage, perceptions, milestones, body image, self-image,	oestrogen, Adam's apple, scrotum, genitals, erection, ejaculation, urethra, wet dream, pubic hair, testosterone, circumcised, uncircumcised, foreskin, epididymis, embryo, umbilical cord, fertility treatment, contraception, sexual intercourse, conception	real self, pregnancy, negative body-talk, contraception, midwife, mental health, opportunities, freedoms, relationships, transition, secondary, journey, worries, assertive, anxiety, labour, love	placenta, adolescent, cervix, sexting